

MI Paste

We have experienced some success using MI Paste to help patients who have white spots or other minor tooth discoloration which is caused by poor oral hygiene during orthodontic treatment.

MI Paste is ideal for:

- Buffering acids produced by bacteria and plaque
- Comforting dry mouths caused by certain medications
- Minimizing tooth sensitivity before and after professional cleanings
- Reducing high oral acid levels from excessive soft drink consumption
- Reducing high oral acid levels that are sometimes a consequence of pregnancy
- Minimizing tooth sensitivity after whitening procedures
- Regular conditioning during (and after) orthodontic visits



Use MI Paste:

- For desensitizing
- After teeth whitening
- For pregnant women
- During (and after) orthodontic visits
- For children six years and under
- To provide extra protection for teeth

MI Paste™ is very easy to apply. Depending on your situation, it can be done in your dentist's office or you can do it at home. It is safe enough for multiple applications during the day.

To apply at home:

- Brush with a fluoride toothpaste in the morning and at night
- Apply a generous layer of MI Paste to your teeth's surface using a cotton swab, finger or dry toothbrush at night
- Leave undisturbed for 3 minutes, then spit out excess, but do not rinse

It's that simple!

You should try to avoid ejecting or swallowing any MI Paste while it's in your mouth. However, if it becomes necessary you can rinse gently. MI Paste is safe to swallow even if you are lactose-intolerant.*

****MI Paste/MI Paste Plus™ SHOULD NOT be used by anyone allergic to dairy products.***