

## CS4 Appliance

The CS4 appliance is used to correct the front-to-back relationship of the upper and lower jaws. The spring actually connects the upper and lower jaws. This really does not interfere with opening and closing your mouth or with eating. You might find side to side movement is somewhat restricted. Normally, the CS4 Appliance is worn for less than 6 months.

Class II Setup



The CS4 Appliance is the quickest, and we feel, the best appliance to correct your bite problem. It is fully contained within your mouth and is not very visible. Any time something new is in place in the mouth it takes time to adjust to it. Please be patient during the adjustment period; it will be over before you know it!

### ***Helpful tips for success!***

- The bottom attachment will irritate the lip. Your lip will toughen up like a callous but it will take a few days for it to happen. You can put brace relief on the inside of the lip and cheek where it is sore. You can also place wax over the attachment to make it smoother.
- Most of the time there is no tenderness in the teeth when the CS4 Appliance is placed. Every once in a while a patient may feel some tenderness which is normally short lived. It will disappear in a few days. Whatever you take for headaches is beneficial to take during this time.
- Cut your food into smaller pieces to avoid opening wide, this can cause springs to break on rare occasion.
- When yawning, place closed fist under chin to avoid opening wide.

### ***Possible but not probable problems***

- Infrequently the CS4 can come loose or break; there is nothing indestructible we can put in your mouth. If you have a problem with something coming loose or breakage, please contact our office. If it is not causing you pain and you can function, you can wait until the next day or over the weekend. However, if you can not function normally or there is pain, please contact the office and we will correct the problem as quickly as possible.

*Please feel free to call us with any questions you may have!*